



S.B.V.R. DEGREE COLLEGE

(Recognized by UGC under Section 2(f) & 12(B), Permanently Affiliated to Yogi Vemana University, Kadapa)

Mydukur Road, BADVEL - 516 227, Kadapa Dist. Andhra Pradesh, India.

Website : www.sbvrdc.ac.in e-mail : principal.sbvrdc@sbvr.in ☎ : 08569-282021, 📞 : +91 75690 34175


Department of Telugu

Date: 05-02-2023

Circular

The Telugu Department is organising a Certificate Course on **"Building Your Personality with Self-Respect, Confidence and Values"** for the academic year 2022-23. The said course is scheduled to commence on 10-02-2023. The course will run for 45 days, providing an in-depth understanding of essential concepts of the course. All the Interested students need to register with the Head of the Department of Telugu on or before 09-02-2023. The students will receive a detailed course outline including objectives, outcomes, and a comprehensive syllabus after their registration.




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Department of Telugu

Building Your Personality with Self-Respect, Confidence and Values A 45 Days Certificate course for the Academic Year 2022-23

Course Objectives:

- To enhance self-awareness and understanding of personal strengths and weaknesses.
- To develop effective communication and interpersonal skills.
- To build resilience and emotional intelligence.
- To cultivate positive thinking and optimistic outlook.
- To set and achieve personal and professional goals.
- To discover and express one's unique talents and passions.
- To lead a purposeful and meaningful life.

Course Outcomes: Participants will be able to:

- Identify their core values and beliefs.
- Develop effective communication skills for various situations.
- Manage emotions effectively and build stress resilience.
- Practice positive affirmations and visualization techniques.
- Set SMART goals and create action plans for achievement.
- Discover and nurture their unique talents and passions.
- Develop a clear vision for their future and take steps towards it.

Course Syllabus (5 Units)

Unit 1: Self-Exploration (9 days)

Introduction to personality transformation and the course objectives - Exploring self-concept: Values, beliefs, and personal narratives - Identifying strengths, weaknesses, and areas for growth - Recognizing limiting beliefs and self-defeating patterns - Building self-esteem and cultivating self-compassion.

Unit 2: Communication Skills (9 days)

Effective communication skills: Verbal and nonverbal communication - Active listening and empathy building - Assertiveness and conflict resolution techniques - Public speaking and presentations skills - Building and maintaining positive relationships.

Unit 3: Emotional Intelligence (9 days)

Understanding emotions and their impact on behavior - Managing stress and anxiety effectively - Cultivating positive thinking and optimistic outlook - Building resilience and emotional agility - Developing empathy and emotional intelligence in relationships.

Unit 4: Goal Setting and Achievement (9 days)

Setting SMART goals for personal and professional life - Creating action plans and breaking down goals into achievable steps - Overcoming procrastination and managing time effectively - Building motivation and commitment for sustained effort - Celebrating successes and learning from setbacks.

Unit 5: Self-Discovery and Expression (9 days)

Discovering and nurturing unique talents and passions - Building confidence and self-expression - Embracing creativity and innovation - Finding your purpose and living a meaningful life - Developing a personal brand and making a positive impact on the world.

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Validatory Report on the 45 days Certificate Course entitled "Building Your Personality with Self-Respect, Confidence and Values" conducted from 10-02-2023 to 27-03-2023 for the Academic Year 2022-23

The Certificate Course on "Building Your Personality with Self-Respect, Confidence and Values" conducted by the Department of Telugu, which commenced on 10-02-2023, has concluded successfully on 27-03-2023. The duration of the course is 45 days and 124 students attended for the course.

The classwork for the certificate course concluded on 27-03-2023 after an intensive period of learning the topics. Following the conclusion of the classwork, an assessment examination was conducted to evaluate the student's understanding and proficiency in the subject matter. We are delighted to report that all 124 enrolled students successfully passed the examination, showcasing their dedication and commitment to the course. The satisfaction of the enrolled students was evident through their positive feedback and expressions of contentment with the course. Students found the content engaging, and relevant and appreciated the efforts of the faculty in delivering a comprehensive curriculum.

The Valedictory function, held in the seminar hall, was a momentous occasion attended by the Principal, the Head of the Department of Telugu, faculty members, and the college students. The ceremony commenced with the principal's traditional lighting of the lamp, symbolizing the dispelling of darkness through knowledge.

In the Valedictory function the distribution of certificates to the successful students was made. The Certificate Course can be deemed a resounding success, considering the enthusiastic participation, exemplary performance in the assessment examination, and positive feedback from the students. The Valedictory function concluded with the rendition of the national anthem, symbolizing unity and celebration of academic achievements. We sincerely thank the principal, faculty members, and the students for making this course a remarkable success.




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45 days Certificate Course entitled "Building Your Personality with Self-Respect, Confidence and Values" conducted from 10-02-2023 to 27-03-2023 for the Academic Year 2022-23

SNo	Ad.No	Student Name	Gender	S.Cat	Group	Signature
1	8671	D. Venkata Subbaiah	Male	BC	B.A - HEPol.	D. venkata subbaiah
2	8678	R. Monu	Male	OC	B.A - HEPol.	R. Monu
3	8684	S.M. Abbu Bakar	Male	OC	B.A - HEPol.	M. Abbu Bakar
4	8687	V. Nagaraju	Male	SC	B.A - HEPol.	V. Nagaraju
5	8919	A. Suwarna	Female	OC	B.A - HEPol.	A. Suwarna
6	8921	B. Polaiah	Male	ST	B.A - HEPol.	B. Polaiah
7	8929	G. Lakshamma	Female	SC	B.A - HEPol.	G. Lakshamma
8	8942	M. Lakshmi	Female	BC	B.A - HEPol.	M. Lakshmi
9	8943	N. Bala Chandrudu	Male	SC	B.A - HEPol.	N. Bala Chandrudu
10	8944	N. Venkatesh	Male	BC	B.A - HEPol.	N. Venkatesh
11	8950	P. Sreenivasulu	Male	BC	B.A - HEPol.	P. Sreenivasulu
12	8958	Y. Sunanda	Female	BC	B.A - HEPol.	Y. Sunanda
13	8691	A. Chinna Penchalaiah	Male	SC	B.A - HEPub	A. china penchalaiah
14	8697	E. Raja	Male	BC	B.A - HEPub	E. Raja
15	8706	K. Sreenivasulu	Male	BC	B.A - HEPub	K. sreenivasulu
16	8707	K. Anitha	Female	SC	B.A - HEPub	K. Anitha
17	8709	K. Hymavathi	Female	OC	B.A - HEPub	K. Hymavathi
18	8710	K. Swapna	Female	OC	B.A - HEPub	K. Swapna
19	8716	K. Venkata Subbaiah	Male	BC	B.A - HEPub	K. venkata subbaiah
20	8720	L. Aruna	Female	OC	B.A - HEPub	L. Aruna



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21	8725	N. Pedda Subbaiah	Male	SC	B.A - HEPub	N. Pedda Subbaiah
22	8733	P. Rajesh	Male	SC	B.A - HEPub	P. Rajesh
23	8739	P. Sireesha	Female	BC	B.A - HEPub	P. Sireesha
24	8741	P. Chinna Peeraiah	Male	BC	B.A - HEPub	P. Chinna Peeraiah
25	8742	S. Babu	Male	SC	B.A - HEPub	S. Babu
26	8744	S. Yuvaraj	Male	SC	B.A - HEPub	S. Yuvaraj
27	8880	B. Sai Krishna	Male	BC	B.A - HEPub	B. Sai Krishna
28	8888	G. Nandini	Female	BC	B.A - HEPub	G. Nandini
29	8890	G. Lakshmi Devi	Female	SC	B.A - HEPub	G. Lakshmi Devi
30	8899	M. Nagendra	Male	BC	B.A - HEPub	M. Nagendra
31	8905	N. Kamala	Female	BC	B.A - HEPub	N. Kamala
32	8916	Y. Gangothri	Female	SC	B.A - HEPub	Y. Gangothri
33	9047	B. Obulamma	Female	SC	B.A - HEPub	B. Obulamma
34	3240	B. Chinna Peeraiah	Male	BC	B.Com - Comp.	B. Chinna Peeraiah
35	3254	G. Gopamma	Female	SC	B.Com - Comp.	G. Gopamma
36	3265	M. Munna Irfan	Male	OC	B.Com - Comp.	M. Munna Irfan
37	3266	M. Swarna Latha	Female	OC	B.Com - Comp.	M. Swarna Latha
38	3276	S. Ayesha Parveen	Female	OC	B.Com - Comp.	S. Ayesha Parveen
39	3280	S. Sameer	Male	OC	B.Com - Comp.	S. Sameer
40	3281	S. Sruthi	Female	OC	B.Com - Comp.	S. Sruthi
41	3480	D. Chenna Kesava Rayudu	Male	SC	B.Com - Comp.	D. Chenna Kesava Rayudu

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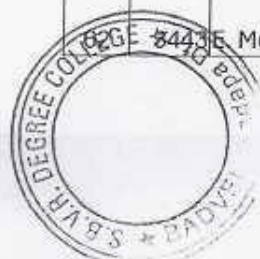
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SNo	Ad.No	Student Name	Gender	S.Cat	Group	Signature
42	3497	O. Meena Seshadri	Female	BC	B.Com - Comp.	O. Meena Seshadri
43	3652	B. Venkata Pavan	Male	SC	B.Com - Comp.	B. Venkata Pavan
44	3655	B. Malleswari	Female	OC	B.Com - Comp.	B. Malleswari
45	3661	K. Raveendra	Male	SC	B.Com - Comp.	K. Raveendra
46	3676	Sk. Hussain Basha	Male	OC	B.Com - Comp.	Sk. Hussain Basha
47	8817	B. Sravani	Female	BC	B.Com - Gen.	B. Sravani
48	8820	B. Supriya	Female	BC	B.Com - Gen.	B. Supriya
49	8825	D. Bala Krishna	Male	BC	B.Com - Gen.	D. Bala Krishna
50	8832	G. Sandhya Rani	Female	SC	B.Com - Gen.	G. Sandhya Rani
51	8842	M. Siva Satheesh Kumar	Male	SC	B.Com - Gen.	M. Siva Satheesh Kumar
52	8859	S. Sai	Male	BC	B.Com - Gen.	S. Sai
53	8862	S. Fayaz	Male	OC	B.Com - Gen.	S. Fayaz
54	8864	S. Masthan	Male	OC	B.Com - Gen.	S. Masthan
55	8974	K. Khajavalli	Male	BC	B.Com - Gen.	K. Khajavalli
56	8976	K. Prabhas	Male	SC	B.Com - Gen.	K. Prabhas
57	8981	N. Lakshmi Prasad	Male	SC	B.Com - Gen.	N. Lakshmi Prasad
58	8984	P. Narasimha Reddy	Male	OC	B.Com - Gen.	P. Narasimha Reddy
59	8987	P. Satheesh Kumar	Male	SC	B.Com - Gen.	P. Satheesh Kumar
60	8988	P. Praveen	Male	SC	B.Com - Gen.	P. Praveen
61	3434	A. Nageswari	Female	BC	B.Sc - BZC	A. Nageswari
62	3435	E. Meghana	Female	SC	B.Sc - BZC	E. Meghana



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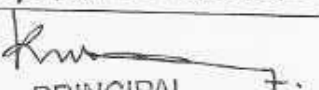
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63	3445	G. Chandra Mouli	Male	SC	B.Sc - BZC	C. Chandra Mouli
64	3454	N. Mounika	Female	SC	B.Sc - BZC	N. Mounika
65	3460	P. Bujji	Female	SC	B.Sc - BZC	P. Bujji
66	3463	P. Prasad	Male	SC	B.Sc - BZC	P. Prasad
67	8753	A. Amrutha	Female	OC	B.Sc - BZC	A. Amrutha
68	8755	A. Viswanath	Male	BC	B.Sc - BZC	A. Viswanath
69	8766	G. Bhavyasree	Female	OC	B.Sc - BZC	G. Bhavyasree
70	8768	H. Venkatesh	Male	SC	B.Sc - BZC	H. Venkatesh
71	8771	J. Ravi Theja	Male	SC	B.Sc - BZC	J. Ravi Theja
72	8772	K. Swathi	Female	ST	B.Sc - BZC	K. Swathi
73	8783	N. Mallika	Female	ST	B.Sc - BZC	N. Mallika
74	9025	M. Mamatha	Female	BC	B.Sc - BZC	M. Mamatha
75	9036	S. Pranay Kumar	Male	SC	B.Sc - BZC	S. Pranay Kumar
76	9066	B. Anusha	Female	ST	B.Sc - BZC	B. Anusha
77	8801	G. Soniya	Female	SC	B.Sc - MPC	G. Soniya
78	8802	K. Adi Lakshamma	Female	BC	B.Sc - MPC	K. Adi Lakshamma
79	8808	R. Sravani	Female	OC	B.Sc - MPC	R. Sravani
80	3296	B. Chandra Kalavathi	Female	OC	B.Sc - MPCs	B. Chandra Kalavathi
81	3300	C. Aruna	Female	OC	B.Sc - MPCs	C. Aruna
82	3312	K. Lakshmi Reddy	Male	OC	B.Sc - MPCs	K. Lakshmi Reddy
		N. Rama Sudha	Female	SC	B.Sc - MPCs	N. Rama Sudha



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SNo	Ad.No	Student Name	Gender	S.Cat	Group	Signature
84	3334	P. Mashrin	Female	OC	B.Sc - MPCs	P. Mashrin
85	3336	P. Chenchaiiah	Male	SC	B.Sc - MPCs	P. Chenchaiiah
86	3337	P. Udaya Lakshmi	Female	SC	B.Sc - MPCs	P. Udaya lakshmi
87	3343	P. Pavani	Female	BC	B.Sc - MPCs	P. Pavani
88	3345	P. Venu	Male	BC	B.Sc - MPCs	P. Venu
89	3349	R. venkata Siva Sai Teja	Male	OC	B.Sc - MPCs	P. Venkata siva sai teja
90	3357	V. Madar Saheb	Male	BC	B.Sc - MPCs	K. Madar saheb.
91	3358	Y. Vineetha	Female	OC	B.Sc - MPCs	y. vineetha
92	3472	G. Vijay Kumar	Male	SC	B.Sc - MPCs	G. vijay kumar
93	3542	P. Obulesu	Male	SC	B.Sc - MPCs	P. Obulesu
94	3547	R. Umanjali	Female	BC	B.Sc - MPCs	R. Umanjali
95	3549	S. Naga Munemma	Female	SC	B.Sc - MPCs	S. Naga Munemma
96	3626	E. Shobha	Female	SC	B.Sc - MPCs	E. Shobha
97	3631	G. Manjula	Female	SC	B.Sc - MPCs	G. Manjula
98	3632	G. Divya Lakshmi	Female	BC	B.Sc - MPCs	G. Divya lakshmi
99	3634	K. Venkata Susmitha	Female	OC	B.Sc - MPCs	K. venkata susmitha
100	3636	L. Venkata Swathi	Female	OC	B.Sc - MPCs	L. Venkata swathi
101	3637	M. Krishna	Male	SC	B.Sc - MPCs	M. Krishna.
102	3361	B. Sreevani	Female	BC	B.Sc - MSCs	B. Sreevani
103	3381	M. Krishna Mohan	Male	BC	B.Sc - MSCs	M. Krishna Mohan
104	3389	N. Ravi Chandra	Male	BC	B.Sc - MSCs	N. Ravi Chandra


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105	3395	P. Siva Reddy	Male	OC	B.Sc - MSCs	P. Siva reddy.
106	3556	B. Pavani	Female	SC	B.Sc - MSCs	B. Pavani
107	3557	B. Polamma	Female	BC	B.Sc - MSCs	B. Polamma
108	3558	B. Supriya	Female	OC	B.Sc - MSCs	B. Supriya
109	3569	G. Rajeswari	Female	BC	B.Sc - MSCs	B. Supriya
110	3576	K. Suma Harshini	Female	OC	B.Sc - MSCs	K. Suma Harshini
111	3582	M. Swarna Latha	Female	OC	B.Sc - MSCs	M. Swarna latha.
112	3583	M. Narayanamma	Female	OC	B.Sc - MSCs	M. Narayanamma
113	3584	N. Venkata Meenakshi	Female	OC	B.Sc - MSCs	N. Venkata meenakshi
114	3585	p. Sowjanya	Female	SC	B.Sc - MSCs	P. Sowjanya
115	3587	P. Venkata Ramana	Male	BC	B.Sc - MSCs	P. Venkata ramana
116	3618	M. Swathi	Female	OC	B.Sc - MSCs	M. Swathi
117	3425	S. Sravani	Female	BC	B.Sc - ZCCA	S. Sravani
118	3598	G. Lakshmi Narayanamma	Female	SC	B.Sc - ZCCA	G. Lakshmi narayanamma
119	3615	P. Chennamma	Female	SC	B.Sc - ZCCA	P. Chennamma
120	3689	D. Swapna	Female	OC	B.Sc - ZCCA	D. Swapna
121	3694	G. Siva Pavani	Female	BC	B.Sc - ZCCA	G. Siva Pavani
122	3695	K. Mahalakshmi	Female	BC	B.Sc - ZCCA	K. Mahalakshmi
123	3701	N.P. Pushpa	Female	SC	B.Sc - ZCCA	N.P. pushpa
124	3713	V. Renuka	Female	BC	B.Sc - ZCCA	V. Renuka.




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